

Abschnitt 1 - Samstag 22.02.2025

Einlass: 08:00 Uhr | Einschwimmen: 08:00 Uhr | Kampfrichtersitzung: 08:15 Uhr

Beginn: 09:00 Uhr

Wettkampfstätte

Rheinbad Hallenbad Düsseldorf, Sportpark Nord/Europaplatz 1, 40474 Düsseldorf
10 Bahnen á 50m, Wellenkiller, Handzeit mit 1 Uhr, Wassertemperatur: ca. 26°C

Kampfgericht Abschnitt 1

Position	Name	Verein
Schiedsrichter weiblich	Scheer, Nils	SV NRW
Schiedsrichter männlich	Eckle, Tina	SV NRW
Starter weiblich	Heidenhof, Norbert	SV NRW
Starter männlich	Heidenhof, Norbert	SV NRW
Schwimmrichter 1	Schützendorf, Yvonne	SV NRW
Schwimmrichter 2	Becker, Achim	SV NRW
Sprecher 1	Rothärmel, Saskia	SV NRW
Auswerter 1	Schwentker, Simon	SV NRW
Protokollführer	Schwentker, Simon	SV NRW
Computer 1	Mendritzki, Uwe	SchwimmSportServiceNRW
Computer 2	Kummer, Siegfried	SchwimmSportServiceNRW

Zielgericht

Position	Name	Verein
Zielrichter 1	Bielinski, Axel	SV NRW
Zielrichter 2	Rothärmel, Ulrike	SV NRW
Zielrichter 3	Aretz, Hermann-Josef	SV NRW
Zielrichter 4	Heidenhof, Norbert	SV NRW
Zielrichter 5	Schiedsrichter, freier	SV NRW

Zeitgericht 1

Position	Name	Verein
Zeitnehmerobmann	Wachholz, Thomas	SV NRW
Zeitnehmer Bahn 0	Johannsen, Wichard	SV NRW
Zeitnehmer Bahn 1	Werminghaus, Holger	SV NRW
Zeitnehmer Bahn 2	Gäth, Holger	SV NRW
Zeitnehmer Bahn 3	Rentmeister, Andrea	SV NRW
Zeitnehmer Bahn 4	Steinhoff, Eva	SV NRW
Zeitnehmer Bahn 5	Tank, Ingo	SV NRW
Zeitnehmer Bahn 6	Kranz, Karl-Heinz	SV NRW
Zeitnehmer Bahn 7	Mähne, Nicole	SV NRW
Zeitnehmer Bahn 8	Holzhäuer, Christoph	SV NRW
Zeitnehmer Bahn 9	Seyer, Beate	SV NRW
Reservezeitnehmer 1	Wachholz, Thomas	SV NRW

Nordrhein-Westfälische Meisterschaften lange Strecken in Düsseldorf

vom 22.02.2025 bis 23.02.2025

Protokoll

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noch Kampfgericht Abschnitt 1

Zeitgericht 2

Position	Name	Verein
Zeitnehmer Bahn 1	Köhne, Christine	SV NRW
Zeitnehmer Bahn 2	Medve, Kriszta	SV NRW
Zeitnehmer Bahn 3	Scheer, Mark	SV NRW
Zeitnehmer Bahn 4	Krämer, Heiko	SV NRW
Zeitnehmer Bahn 5	Strehlke, Stefan	SV NRW
Zeitnehmer Bahn 6	Tok, Melek	SV NRW
Zeitnehmer Bahn 7	Bieker, Christoph	SV NRW
Zeitnehmer Bahn 8	Klaes, Markus	SV NRW

Wendegericht

Position	Name	Verein
Wenderichter Obmann	Schulz, Ingo	SV NRW
Wenderichter Bahn 0	Schulz, Ingo	SV NRW
Wenderichter Bahn 1	Schulz, Ingo	SV NRW
Wenderichter Bahn 2	Kreilkamp, Lars	SV NRW
Wenderichter Bahn 3	Kreilkamp, Lars	SV NRW
Wenderichter Bahn 4	Sieven, Inga	SV NRW
Wenderichter Bahn 5	Sieven, Inga	SV NRW
Wenderichter Bahn 6	Huth, Katharina	SV NRW
Wenderichter Bahn 7	Huth, Katharina	SV NRW
Wenderichter Bahn 8	Rudkowski, Fabian	SV NRW
Wenderichter Bahn 9	Rudkowski, Fabian	SV NRW

Wettkampffolge für Abschnitt 1

Wettkampf 1 - 400m Lagen weiblich

Wettkampf 2 - 400m Lagen männlich

Wettkampf 3 - 800m Freistil weiblich (8 Bahnen Doppelbelegung)

Wettkampf 4 - 800m Freistil männlich (8 Bahnen Doppelbelegung)

Wettkampf 1 - 400m Lagen weiblich

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Jahrgangsmeisterin	Nzounpe, Amelie	2013	SC Delphin Geldern	05:53,90
	100m: 01:17,45 (01:17,45) 200m: 02:51,99 (01:34,54) 300m: 04:33,75 (01:41,76) 400m: 05:53,90 (01:20,15)			
2.	Abrahams, Tjorven Ida	2013	SG Gelsenkirchen	05:56,61
	100m: 01:28,64 (01:28,64) 200m: 02:55,74 (01:27,10) 300m: 04:34,36 (01:38,62) 400m: 05:56,61 (01:22,25)			
3.	Kohl, Katharina	2013	SG Dortmund	06:09,32
	100m: 01:24,95 (01:24,95) 200m: 02:57,30 (01:32,35) 300m: 04:41,95 (01:44,65) 400m: 06:09,32 (01:27,37)			
4.	Maierhofer, Maria	2013	SG Mülheim	06:10,59
	100m: 01:27,63 (01:27,63) 200m: 03:00,03 (01:32,40) 300m: 04:48,24 (01:48,21) 400m: 06:10,59 (01:22,35)			
5.	Klaus, Emilia	2013	SG Dortmund	06:10,83
	100m: 01:27,78 (01:27,78) 200m: 03:05,33 (01:37,55) 300m: 04:51,45 (01:46,12) 400m: 06:10,83 (01:19,38)			
6.	Blasch, Nele	2013	SG Mülheim	06:16,18
	100m: 01:30,55 (01:30,55) 200m: 03:04,16 (01:33,61) 300m: 04:54,39 (01:50,23) 400m: 06:16,18 (01:21,79)			
7.	Rotthoff, Emma Anni	2013	SG Gelsenkirchen	06:18,62
	100m: 01:29,77 (01:29,77) 200m: 03:06,59 (01:36,82) 300m: 04:59,30 (01:52,71) 400m: 06:18,62 (01:19,32)			
8.	Göbl, Lina	2013	SV Rheine 68 e.V.	06:31,73
	100m: 01:34,31 (01:34,31) 200m: 03:14,51 (01:40,20) 300m: 04:59,97 (01:45,46) 400m: 06:31,73 (01:31,76)			

nicht am Start

Deuker, Paula	2013	SG Essen
Hartmann, Ella	2013	SG Dortmund

disqualifiziert

Pöland, Lisa	2013	TPSK 1925 e.V.
Die Sportlerin führte nach dem Start mehrere Brustbeinschläge durch.		

Uhrzeit der Bekanntgabe: 09:15

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Jahrgangsmeisterin	Vogt, Myrtha	2012	SG Gladbeck/Recklinghausen	05:38,98
	100m: 01:12,23 (01:12,23) 200m: 02:39,92 (01:27,69) 300m: 04:23,07 (01:43,15) 400m: 05:38,98 (01:15,91)			
2.	Helesch, Calista	2012	SG Mülheim	05:39,71
	100m: 01:21,52 (01:21,52) 200m: 02:50,98 (01:29,46) 300m: 04:24,46 (01:33,48) 400m: 05:39,71 (01:15,25)			
3.	Pabel, Lina	2012	SG Bayer	05:41,16
	100m: 01:14,64 (01:14,64) 200m: 02:42,14 (01:27,50) 300m: 04:23,63 (01:41,49) 400m: 05:41,16 (01:17,53)			
4.	Satsukevych, Sophie Simone	2012	SG Mönchengladbach	05:42,37
	100m: 01:20,66 (01:20,66) 200m: 02:50,80 (01:30,14) 300m: 04:24,61 (01:33,81) 400m: 05:42,37 (01:17,76)			
5.	Zimmermann, Charlotte	2012	SG Mülheim	05:43,57
	100m: 01:15,39 (01:15,39) 200m: 02:43,53 (01:28,14) 300m: 04:23,62 (01:40,09) 400m: 05:43,57 (01:19,95)			
6.	Sinizki, Viktoria	2012	SG Neuss	05:45,47
	100m: 01:18,05 (01:18,05) 200m: 02:47,78 (01:29,73) 300m: 04:25,46 (01:37,68) 400m: 05:45,47 (01:20,01)			
7.	Erward, Emilia	2012	SG Mülheim	05:49,85
	100m: 01:21,81 (01:21,81) 200m: 02:50,97 (01:29,16) 300m: 04:32,68 (01:41,71) 400m: 05:49,85 (01:17,17)			

noch Wettkampf 1 - 400m Lagen weiblich

noch Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
8.	Lind, Katharina	2012	TPSK 1925 e.V.	05:50,97	
	100m: 01:16,15 (01:16,15) 200m: 02:42,72 (01:26,57) 300m: 04:28,58 (01:45,86) 400m: 05:50,97 (01:22,39)				
9.	Radloff, Mia	2012	SG Dortmund	05:51,12	
	100m: 01:23,79 (01:23,79) 200m: 02:53,78 (01:29,99) 300m: 04:28,39 (01:34,61) 400m: 05:51,12 (01:22,73)				
10.	Bencheikh, Lina	2012	SG Bayer	05:52,50	
	100m: 01:22,61 (01:22,61) 200m: 02:52,84 (01:30,23) 300m: 04:34,93 (01:42,09) 400m: 05:52,50 (01:17,57)				
11.	Tok, Talya	2012	TPSK 1925 e.V.	05:54,11	
	100m: 01:21,08 (01:21,08) 200m: 02:52,80 (01:31,72) 300m: 04:34,74 (01:41,94) 400m: 05:54,11 (01:19,37)				
12.	Jarosch, Nina	2012	SG Bergheim	05:54,42	
	100m: 01:22,08 (01:22,08) 200m: 02:51,30 (01:29,22) 300m: 04:35,58 (01:44,28) 400m: 05:54,42 (01:18,84)				
13.	Chaipattaraworakul, Chanyaphak	2012	Düsseldorfer SC 1898	05:58,36	EnM
	100m: 01:16,36 (01:16,36) 200m: 02:46,48 (01:30,12) 300m: 04:37,23 (01:50,75) 400m: 05:58,36 (01:21,13)				

nicht am Start

Hartmannshenn, Lia	2012	SG Mönchengladbach
Stockel, Anna	2012	SG Schwimmen Münster
Weckbecker, Emma	2012	SG Mülheim

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1. und NRW Jahrgangsmeisterin	Forsbach, Anna	2011	TV Ratingen	05:22,34	
	100m: 01:11,56 (01:11,56) 200m: 02:36,34 (01:24,78) 300m: 04:08,99 (01:32,65) 400m: 05:22,34 (01:13,35)				
2.	Conradi, Isabelle	2011	SG Gladbeck/Recklinghausen	05:25,07	
	100m: 01:13,32 (01:13,32) 200m: 02:36,84 (01:23,52) 300m: 04:11,29 (01:34,45) 400m: 05:25,07 (01:13,78)				
3.	Omai, Katalin	2011	SSF Bonn	05:26,77	
	100m: 01:14,64 (01:14,64) 200m: 02:37,39 (01:22,75) 300m: 04:11,95 (01:34,56) 400m: 05:26,77 (01:14,82)				
4.	Johannknecht, Naya	2011	SV Blau-Weiß Bochum	05:32,97	
	100m: 01:16,87 (01:16,87) 200m: 02:38,54 (01:21,67) 300m: 04:15,81 (01:37,27) 400m: 05:32,97 (01:17,16)				
5.	Farès, Maya	2011	SG Mülheim	05:37,43	
	100m: 01:17,79 (01:17,79) 200m: 02:42,93 (01:25,14) 300m: 04:19,72 (01:36,79) 400m: 05:37,43 (01:17,71)				
6.	Weiser, Amelie	2011	Düsseldorfer SC 1898	05:37,86	
	100m: 01:15,17 (01:15,17) 200m: 02:46,11 (01:30,94) 300m: 04:18,33 (01:32,22) 400m: 05:37,86 (01:19,53)				
7.	Wojtakowski, Isabella	2011	SG Gelsenkirchen	05:40,17	
	100m: 01:19,00 (01:19,00) 200m: 02:41,49 (01:22,49) 300m: 04:23,34 (01:41,85) 400m: 05:40,17 (01:16,83)				
8.	Jänike, Johanna	2011	SG Mülheim	05:40,29	
	100m: 01:21,89 (01:21,89) 200m: 02:46,81 (01:24,92) 300m: 04:25,35 (01:38,54) 400m: 05:40,29 (01:14,94)				
9.	Göllner, Anneke	2011	SV Blau-Weiß Bochum	05:42,08	
	100m: 01:14,87 (01:14,87) 200m: 02:46,32 (01:31,45) 300m: 04:22,65 (01:36,33) 400m: 05:42,08 (01:19,43)				
10.	Limbacher, Friederike	2011	Freie Schwimmer Düsseldorf 1910	05:43,52	
	100m: 01:19,72 (01:19,72) 200m: 02:48,18 (01:28,46) 300m: 04:24,77 (01:36,59) 400m: 05:43,52 (01:18,75)				
11.	Preißler, Lotte	2011	SSF Bonn	05:45,24	
	100m: 01:20,50 (01:20,50) 200m: 02:51,17 (01:30,67) 300m: 04:26,28 (01:35,11) 400m: 05:45,24 (01:18,96)				
12.	Függmann, Linn	2011	S.V. Bergisch Gladbach 1920/71 e.V.	05:45,89	
	100m: 01:21,20 (01:21,20) 200m: 02:47,44 (01:26,24) 300m: 04:30,03 (01:42,59) 400m: 05:45,89 (01:15,86)				
13.	Jansen, Helena	2011	SG Gladbeck/Recklinghausen	05:45,96	
	100m: 01:21,28 (01:21,28) 200m: 02:51,13 (01:29,85) 300m: 04:25,12 (01:33,99) 400m: 05:45,96 (01:20,84)				
14.	Schulze, Paula Marlene	2011	SG Essen	05:46,06	
	100m: 01:18,66 (01:18,66) 200m: 02:46,10 (01:27,44) 300m: 04:25,81 (01:39,71) 400m: 05:46,06 (01:20,25)				
15.	Berner, Calla	2011	SG Mönchengladbach	05:47,44	
	100m: 01:20,40 (01:20,40) 200m: 02:51,40 (01:31,00) 300m: 04:30,02 (01:38,62) 400m: 05:47,44 (01:17,42)				
16.	Bauer, Paulina	2011	SV Blau-Weiß Bochum	05:47,55	
	100m: 01:14,74 (01:14,74) 200m: 02:48,61 (01:33,87) 300m: 04:32,48 (01:43,87) 400m: 05:47,55 (01:15,07)				

noch Wettkampf 1 - 400m Lagen weiblich

noch Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
17.	Schöer, Luisa 100m: 01:21,09 (01:21,09) 200m: 02:54,37 (01:33,28) 300m: 04:33,62 (01:39,25) 400m: 05:53,08 (01:19,46)	2011	SG Bayer	05:53,08	EnM
18.	Ghaderi, Parmis 100m: 01:23,77 (01:23,77) 200m: 02:59,55 (01:35,78) 300m: 04:34,18 (01:34,63) 400m: 05:53,69 (01:19,51)	2011	Düsseldorfer SC 1898	05:53,69	EnM
19.	Rezic, Iva 100m: 01:18,21 (01:18,21) 200m: 02:50,80 (01:32,59) 300m: 04:36,45 (01:45,65) 400m: 05:59,14 (01:22,69)	2011	SG Siegen	05:59,14	EnM
<u>nicht am Start</u>					
	Kaiser, Lara	2011	SG Essen		
	Stark, Caroline	2011	SC Delphin Geldern		
	Weiß, Charlotte	2011	SG Neuss		
<u>abgemeldet</u>					
	Dahlke, Mia	2011	SG Gladbeck/Recklinghausen		

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1. und NRW Jahrgangsmeisterin	Selimovic, Zarina 100m: 01:07,97 (01:07,97) 200m: 02:29,37 (01:21,40) 300m: 03:59,25 (01:29,88) 400m: 05:08,14 (01:08,89)	2010	SG Dortmund	05:08,14	
2.	Baraniskin, Carla 100m: 01:10,40 (01:10,40) 200m: 02:38,48 (01:28,08) 300m: 04:08,29 (01:29,81) 400m: 05:22,20 (01:13,91)	2010	SG Dortmund	05:22,20	
3.	Manka, Wolke 100m: 01:16,85 (01:16,85) 200m: 02:41,13 (01:24,28) 300m: 04:12,24 (01:31,11) 400m: 05:22,31 (01:10,07)	2010	SG Bayer	05:22,31	
4.	Jacobs, Henriette 100m: 01:17,44 (01:17,44) 200m: 02:44,39 (01:26,95) 300m: 04:10,66 (01:26,27) 400m: 05:26,16 (01:15,50)	2010	Freie Schwimmer Düsseldorf 1910	05:26,16	
5.	Radons, Alica 100m: 01:10,02 (01:10,02) 200m: 02:35,92 (01:25,90) 300m: 04:52,80 (02:16,88) 400m: 05:28,73 (00:35,93)	2010	SG Dortmund	05:28,73	
6.	Yuan, Lai 100m: 01:10,57 (01:10,57) 200m: 02:37,84 (01:27,27) 300m: 04:09,91 (01:32,07) 400m: 05:28,79 (01:18,88)	2010	SG Essen	05:28,79	
7.	Weber, Lea Isabelle 100m: 01:13,05 (01:13,05) 200m: 02:37,70 (01:24,65) 300m: 04:16,77 (01:39,07) 400m: 05:33,49 (01:16,72)	2010	Freie Schwimmer Düsseldorf 1910	05:33,49	
<u>abgemeldet</u>					
	Gerth, Lea	2010	SG Bergheim		
	Jarosch, Lisa	2010	SG Bergheim		
	Rudkowski, Jella	2010	Team Bochum		

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1. und NRW Jahrgangsmeisterin	Kohlmann, Laura Sophie 100m: 01:07,07 (01:07,07) 200m: 02:26,45 (01:19,38) 300m: 03:51,39 (01:24,94) 400m: 05:01,48 (01:10,09)	2009	SG Essen	05:01,48	
2.	Brauneck, Sophia 100m: 01:12,28 (01:12,28) 200m: 02:37,71 (01:25,43) 300m: 04:10,05 (01:32,34) 400m: 05:19,79 (01:09,74)	2009	TV Ratingen	05:19,79	
3.	Erbslöh, Sophie 100m: 01:11,14 (01:11,14) 200m: 02:40,69 (01:29,55) 300m: 04:14,64 (01:33,95) 400m: 05:30,76 (01:16,12)	2009	Team Bochum	05:30,76	
4.	Schmidt, Pia 100m: 01:15,43 (01:15,43) 200m: 02:44,22 (01:28,79) 300m: 04:22,53 (01:38,31) 400m: 05:42,10 (01:19,57)	2009	SG Neuss	05:42,10	
5.	Smyczynski, Lina 100m: 01:23,56 (01:23,56) 200m: 02:49,75 (01:26,19) 300m: 04:29,69 (01:39,94) 400m: 05:46,14 (01:16,45)	2009	SG Eintracht Ergste	05:46,14	
6.	Balzer, Hannah 100m: 01:23,21 (01:23,21) 200m: 02:49,42 (01:26,21) 300m: 04:28,95 (01:39,53) 400m: 05:46,58 (01:17,63)	2009	Düsseldorfer SC 1898	05:46,58	

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Jahrgangsmeisterin				
	Pronk, Hannah	2007	Düsseldorfer SC 1898	05:24,30
	100m: 01:11,62 (01:11,62) 200m: 02:37,91 (01:26,29) 300m: 04:10,90 (01:32,99) 400m: 05:24,30 (01:13,40)			
2.	Schulze, Lotta Marie	2007	SG Essen	05:24,65
	100m: 01:09,45 (01:09,45) 200m: 02:35,21 (01:25,76) 300m: 04:06,60 (01:31,39) 400m: 05:24,65 (01:18,05)			
3.	Schwung, Charlotte	2007	TPSK 1925 e.V.	05:31,80
	100m: 01:16,37 (01:16,37) 200m: 02:40,84 (01:24,47) 300m: 04:19,65 (01:38,81) 400m: 05:31,80 (01:12,15)			
4.	Niederste-Hollenberg, Janne	2007	Duisburger ST	05:33,36
	100m: 01:14,14 (01:14,14) 200m: 02:37,74 (01:23,60) 300m: 04:19,08 (01:41,34) 400m: 05:33,36 (01:14,28)			
5.	Breuer, Lara	2006	TSV Gruiten 1884	05:35,40
	100m: 01:15,31 (01:15,31) 200m: 02:46,68 (01:31,37) 300m: 04:15,40 (01:28,72) 400m: 05:35,40 (01:20,00)			
6.	Döch, Paulina	2007	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:38,95
	100m: 01:19,73 (01:19,73) 200m: 02:45,70 (01:25,97) 300m: 04:19,80 (01:34,10) 400m: 05:38,95 (01:19,15)			
7.	Widders, Jolina	2006	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:39,81
	100m: 01:16,77 (01:16,77) 200m: 02:50,99 (01:34,22) 300m: 04:23,85 (01:32,86) 400m: 05:39,81 (01:15,96)			

Nordrhein-Westfälische Meisterschaften lange Strecken in Düsseldorf

vom 22.02.2025 bis 23.02.2025

Protokoll

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noch Wettkampf 1 - 400m Lagen weiblich

noch Jahrgang 2006 / 2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
8.	Sander, Cynthia	2007	Duisburger ST	05:47,59
100m: 01:23,73 (01:23,73) 200m: 02:54,92 (01:31,19) 300m: 04:30,93 (01:36,01) 400m: 05:47,59 (01:16,66)				

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Nordrhein-Westfälische Meisterin				
	Kohlmann, Laura Sophie	2009	SG Essen	05:01,48
100m: 01:07,07 (01:07,07) 200m: 02:26,45 (01:19,38) 300m: 03:51,39 (01:24,94) 400m: 05:01,48 (01:10,09)				
2.	Selimovic, Zarina	2010	SG Dortmund	05:08,14
100m: 01:07,97 (01:07,97) 200m: 02:29,37 (01:21,40) 300m: 03:59,25 (01:29,88) 400m: 05:08,14 (01:08,89)				
3.	Brauneck, Sophia	2009	TV Ratingen	05:19,79
100m: 01:12,28 (01:12,28) 200m: 02:37,71 (01:25,43) 300m: 04:10,05 (01:32,34) 400m: 05:19,79 (01:09,74)				
4.	Baraniskin, Carla	2010	SG Dortmund	05:22,20
100m: 01:10,40 (01:10,40) 200m: 02:38,48 (01:28,08) 300m: 04:08,29 (01:29,81) 400m: 05:22,20 (01:13,91)				
5.	Manka, Wolke	2010	SG Bayer	05:22,31
100m: 01:16,85 (01:16,85) 200m: 02:41,13 (01:24,28) 300m: 04:12,24 (01:31,11) 400m: 05:22,31 (01:10,07)				
6.	Forsbach, Anna	2011	TV Ratingen	05:22,34
100m: 01:11,56 (01:11,56) 200m: 02:36,34 (01:24,78) 300m: 04:08,99 (01:32,65) 400m: 05:22,34 (01:13,35)				
7.	Pronk, Hannah	2007	Düsseldorfer SC 1898	05:24,30
100m: 01:11,62 (01:11,62) 200m: 02:37,91 (01:26,29) 300m: 04:10,90 (01:32,99) 400m: 05:24,30 (01:13,40)				
8.	Schulze, Lotta Marie	2007	SG Essen	05:24,65
100m: 01:09,45 (01:09,45) 200m: 02:35,21 (01:25,76) 300m: 04:06,60 (01:31,39) 400m: 05:24,65 (01:18,05)				
9.	Conradi, Isabelle	2011	SG Gladbeck/Recklinghausen	05:25,07
100m: 01:13,32 (01:13,32) 200m: 02:36,84 (01:23,52) 300m: 04:11,29 (01:34,45) 400m: 05:25,07 (01:13,78)				
10.	Jacobs, Henriette	2010	Freie Schwimmer Düsseldorf 1910	05:26,16
100m: 01:17,44 (01:17,44) 200m: 02:44,39 (01:26,95) 300m: 04:10,66 (01:26,27) 400m: 05:26,16 (01:15,50)				
11.	Omai, Katalin	2011	SSF Bonn	05:26,77
100m: 01:14,64 (01:14,64) 200m: 02:37,39 (01:22,75) 300m: 04:11,95 (01:34,56) 400m: 05:26,77 (01:14,82)				
12.	Traut, Jana	2005	SG Gladbeck/Recklinghausen	05:26,97
100m: 01:11,82 (01:11,82) 200m: 02:41,43 (01:29,61) 300m: 04:12,37 (01:30,94) 400m: 05:26,97 (01:14,60)				
13.	Radons, Alica	2010	SG Dortmund	05:28,73
100m: 01:10,02 (01:10,02) 200m: 02:35,92 (01:25,90) 300m: 04:52,80 (02:16,88) 400m: 05:28,73 (00:35,93)				
14.	Yuan, Lai	2010	SG Essen	05:28,79
100m: 01:10,57 (01:10,57) 200m: 02:37,84 (01:27,27) 300m: 04:09,91 (01:32,07) 400m: 05:28,79 (01:18,88)				
15.	Schneider, Emmi Liara	2008	SG Siegen	05:30,17
100m: 01:15,83 (01:15,83) 200m: 02:42,39 (01:26,56) 300m: 04:16,61 (01:34,22) 400m: 05:30,17 (01:13,56)				
16.	Erbslöh, Sophie	2009	Team Bochum	05:30,76
100m: 01:11,14 (01:11,14) 200m: 02:40,69 (01:29,55) 300m: 04:14,64 (01:33,95) 400m: 05:30,76 (01:16,12)				
17.	Schwung, Charlotte	2007	TPSK 1925 e.V.	05:31,80
100m: 01:16,37 (01:16,37) 200m: 02:40,84 (01:24,47) 300m: 04:19,65 (01:38,81) 400m: 05:31,80 (01:12,15)				
18.	Pennartz, Mia	2008	TPSK 1925 e.V.	05:32,43
100m: 01:17,90 (01:17,90) 200m: 02:45,86 (01:27,96) 300m: 04:17,49 (01:31,63) 400m: 05:32,43 (01:14,94)				
19.	Johannknecht, Naya	2011	SV Blau-Weiß Bochum	05:32,97
100m: 01:16,87 (01:16,87) 200m: 02:38,54 (01:21,67) 300m: 04:15,81 (01:37,27) 400m: 05:32,97 (01:17,16)				
20.	Niederste-Hollenberg, Janne	2007	Duisburger ST	05:33,36
100m: 01:14,14 (01:14,14) 200m: 02:37,74 (01:23,60) 300m: 04:19,08 (01:41,34) 400m: 05:33,36 (01:14,28)				
21.	Weber, Lea Isabelle	2010	Freie Schwimmer Düsseldorf 1910	05:33,49
100m: 01:13,05 (01:13,05) 200m: 02:37,70 (01:24,65) 300m: 04:16,77 (01:39,07) 400m: 05:33,49 (01:16,72)				
22.	Thurrow, Sophie	2008	SG Siegen	05:35,03
100m: 01:18,48 (01:18,48) 200m: 02:48,06 (01:29,58) 300m: 04:20,03 (01:31,97) 400m: 05:35,03 (01:15,00)				
23.	Breuer, Lara	2006	TSV Griten 1884	05:35,40
100m: 01:15,31 (01:15,31) 200m: 02:46,68 (01:31,37) 300m: 04:15,40 (01:28,72) 400m: 05:35,40 (01:20,00)				

noch Wettkampf 1 - 400m Lagen weiblich

noch Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
24.	Farès, Maya	2011	SG Mülheim	05:37,43
	100m: 01:17,79 (01:17,79) 200m: 02:42,93 (01:25,14) 300m: 04:19,72 (01:36,79) 400m: 05:37,43 (01:17,71)			
25.	Weiser, Amelie	2011	Düsseldorfer SC 1898	05:37,86
	100m: 01:15,17 (01:15,17) 200m: 02:46,11 (01:30,94) 300m: 04:18,33 (01:32,22) 400m: 05:37,86 (01:19,53)			
26.	Döch, Paulina	2007	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:38,95
	100m: 01:19,73 (01:19,73) 200m: 02:45,70 (01:25,97) 300m: 04:19,80 (01:34,10) 400m: 05:38,95 (01:19,15)			
27.	Vogt, Myrtha	2012	SG Gladbeck/Recklinghausen	05:38,98
	100m: 01:12,23 (01:12,23) 200m: 02:39,92 (01:27,69) 300m: 04:23,07 (01:43,15) 400m: 05:38,98 (01:15,91)			
28.	Helesch, Calista	2012	SG Mülheim	05:39,71
	100m: 01:21,52 (01:21,52) 200m: 02:50,98 (01:29,46) 300m: 04:24,46 (01:33,48) 400m: 05:39,71 (01:15,25)			
29.	Widders, Jolina	2006	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:39,81
	100m: 01:16,77 (01:16,77) 200m: 02:50,99 (01:34,22) 300m: 04:23,85 (01:32,86) 400m: 05:39,81 (01:15,96)			
30.	Wojtakowski, Isabella	2011	SG Gelsenkirchen	05:40,17
	100m: 01:19,00 (01:19,00) 200m: 02:41,49 (01:22,49) 300m: 04:23,34 (01:41,85) 400m: 05:40,17 (01:16,83)			
31.	Jänike, Johanna	2011	SG Mülheim	05:40,29
	100m: 01:21,89 (01:21,89) 200m: 02:46,81 (01:24,92) 300m: 04:25,35 (01:38,54) 400m: 05:40,29 (01:14,94)			
32.	Pabel, Lina	2012	SG Bayer	05:41,16
	100m: 01:14,64 (01:14,64) 200m: 02:42,14 (01:27,50) 300m: 04:23,63 (01:41,49) 400m: 05:41,16 (01:17,53)			
33.	Göllner, Anneke	2011	SV Blau-Weiß Bochum	05:42,08
	100m: 01:14,87 (01:14,87) 200m: 02:46,32 (01:31,45) 300m: 04:22,65 (01:36,33) 400m: 05:42,08 (01:19,43)			
34.	Schmidt, Pia	2009	SG Neuss	05:42,10
	100m: 01:15,43 (01:15,43) 200m: 02:44,22 (01:28,79) 300m: 04:22,53 (01:38,31) 400m: 05:42,10 (01:19,57)			
35.	Satsukevych, Sophie Simone	2012	SG Mönchengladbach	05:42,37
	100m: 01:20,66 (01:20,66) 200m: 02:50,80 (01:30,14) 300m: 04:24,61 (01:33,81) 400m: 05:42,37 (01:17,76)			
36.	Krinke, Laura	2008	VFL Gladbeck 1921	05:43,16
	100m: 01:15,43 (01:15,43) 200m: 02:45,91 (01:30,48) 300m: 04:24,87 (01:38,96) 400m: 05:43,16 (01:18,29)			
37.	Limbacher, Friederike	2011	Freie Schwimmer Düsseldorf 1910	05:43,52
	100m: 01:19,72 (01:19,72) 200m: 02:48,18 (01:28,46) 300m: 04:24,77 (01:36,59) 400m: 05:43,52 (01:18,75)			
38.	Zimmermann, Charlotte	2012	SG Mülheim	05:43,57
	100m: 01:15,39 (01:15,39) 200m: 02:43,53 (01:28,14) 300m: 04:23,62 (01:40,09) 400m: 05:43,57 (01:19,95)			
39.	Preißler, Lotte	2011	SSF Bonn	05:45,24
	100m: 01:20,50 (01:20,50) 200m: 02:51,17 (01:30,67) 300m: 04:26,28 (01:35,11) 400m: 05:45,24 (01:18,96)			
40.	Sinizki, Viktoria	2012	SG Neuss	05:45,47
	100m: 01:18,05 (01:18,05) 200m: 02:47,78 (01:29,73) 300m: 04:25,46 (01:37,68) 400m: 05:45,47 (01:20,01)			
41.	Függmann, Linn	2011	S.V. Bergisch Gladbach 1920/71 e.V.	05:45,89
	100m: 01:21,20 (01:21,20) 200m: 02:47,44 (01:26,24) 300m: 04:30,03 (01:42,59) 400m: 05:45,89 (01:15,86)			
42.	Jansen, Helena	2011	SG Gladbeck/Recklinghausen	05:45,96
	100m: 01:21,28 (01:21,28) 200m: 02:51,13 (01:29,85) 300m: 04:25,12 (01:33,99) 400m: 05:45,96 (01:20,84)			
43.	Schulze, Paula Marlene	2011	SG Essen	05:46,06
	100m: 01:18,66 (01:18,66) 200m: 02:46,10 (01:27,44) 300m: 04:25,81 (01:39,71) 400m: 05:46,06 (01:20,25)			
44.	Smyczynski, Lina	2009	SG Eintracht Ergste	05:46,14
	100m: 01:23,56 (01:23,56) 200m: 02:49,75 (01:26,19) 300m: 04:29,69 (01:39,94) 400m: 05:46,14 (01:16,45)			
45.	Balzer, Hannah	2009	Düsseldorfer SC 1898	05:46,58
	100m: 01:23,21 (01:23,21) 200m: 02:49,42 (01:26,21) 300m: 04:28,95 (01:39,53) 400m: 05:46,58 (01:17,63)			
46.	Berner, Calla	2011	SG Mönchengladbach	05:47,44
	100m: 01:20,40 (01:20,40) 200m: 02:51,40 (01:31,00) 300m: 04:30,02 (01:38,62) 400m: 05:47,44 (01:17,42)			
47.	Bauer, Paulina	2011	SV Blau-Weiß Bochum	05:47,55
	100m: 01:14,74 (01:14,74) 200m: 02:48,61 (01:33,87) 300m: 04:32,48 (01:43,87) 400m: 05:47,55 (01:15,07)			
48.	Sander, Cynthia	2007	Duisburger ST	05:47,59
	100m: 01:23,73 (01:23,73) 200m: 02:54,92 (01:31,19) 300m: 04:30,93 (01:36,01) 400m: 05:47,59 (01:16,66)			
49.	Meese, Carlotta	2009	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:47,60
	100m: 01:17,71 (01:17,71) 200m: 02:50,16 (01:32,45) 300m: 04:28,97 (01:38,81) 400m: 05:47,60 (01:18,63)			

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noch Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
50.	Acker, Juna	2009	SG Bayer	05:49,50	
	100m: 01:22,19 (01:22,19) 200m: 02:49,31 (01:27,12) 300m: 04:31,91 (01:42,60) 400m: 05:49,50 (01:17,59)				
51.	Erward, Emilia	2012	SG Mülheim	05:49,85	
	100m: 01:21,81 (01:21,81) 200m: 02:50,97 (01:29,16) 300m: 04:32,68 (01:41,71) 400m: 05:49,85 (01:17,17)				
52.	Lind, Katharina	2012	TPSK 1925 e.V.	05:50,97	
	100m: 01:16,15 (01:16,15) 200m: 02:42,72 (01:26,57) 300m: 04:28,58 (01:45,86) 400m: 05:50,97 (01:22,39)				
53.	Radloff, Mia	2012	SG Dortmund	05:51,12	
	100m: 01:23,79 (01:23,79) 200m: 02:53,78 (01:29,99) 300m: 04:28,39 (01:34,61) 400m: 05:51,12 (01:22,73)				
54.	Bencheikh, Lina	2012	SG Bayer	05:52,50	
	100m: 01:22,61 (01:22,61) 200m: 02:52,84 (01:30,23) 300m: 04:34,93 (01:42,09) 400m: 05:52,50 (01:17,57)				
55.	Schöer, Luisa	2011	SG Bayer	05:53,08	EnM
	100m: 01:21,09 (01:21,09) 200m: 02:54,37 (01:33,28) 300m: 04:33,62 (01:39,25) 400m: 05:53,08 (01:19,46)				
56.	Ghaderi, Parmis	2011	Düsseldorfer SC 1898	05:53,69	EnM
	100m: 01:23,77 (01:23,77) 200m: 02:59,55 (01:35,78) 300m: 04:34,18 (01:34,63) 400m: 05:53,69 (01:19,51)				
57.	Nzounpe, Amelie	2013	SC Delphin Geldern	05:53,90	
	100m: 01:17,45 (01:17,45) 200m: 02:51,99 (01:34,54) 300m: 04:33,75 (01:41,76) 400m: 05:53,90 (01:20,15)				
58.	Tok, Talya	2012	TPSK 1925 e.V.	05:54,11	
	100m: 01:21,08 (01:21,08) 200m: 02:52,80 (01:31,72) 300m: 04:34,74 (01:41,94) 400m: 05:54,11 (01:19,37)				
59.	Jarosch, Nina	2012	SG Bergheim	05:54,42	
	100m: 01:22,08 (01:22,08) 200m: 02:51,30 (01:29,22) 300m: 04:35,58 (01:44,28) 400m: 05:54,42 (01:18,84)				
60.	Abrahams, Tjorven Ida	2013	SG Gelsenkirchen	05:56,61	
	100m: 01:28,64 (01:28,64) 200m: 02:55,74 (01:27,10) 300m: 04:34,36 (01:38,62) 400m: 05:56,61 (01:22,25)				
61.	Chaipattaraworakul, Chanyaphak	2012	Düsseldorfer SC 1898	05:58,36	EnM
	100m: 01:16,36 (01:16,36) 200m: 02:46,48 (01:30,12) 300m: 04:37,23 (01:50,75) 400m: 05:58,36 (01:21,13)				
62.	Rezic, Iva	2011	SG Siegen	05:59,14	EnM
	100m: 01:18,21 (01:18,21) 200m: 02:50,80 (01:32,59) 300m: 04:36,45 (01:45,65) 400m: 05:59,14 (01:22,69)				
63.	Kohl, Katharina	2013	SG Dortmund	06:09,32	
	100m: 01:24,95 (01:24,95) 200m: 02:57,30 (01:32,35) 300m: 04:41,95 (01:44,65) 400m: 06:09,32 (01:27,37)				
64.	Maierhofer, Maria	2013	SG Mülheim	06:10,59	
	100m: 01:27,63 (01:27,63) 200m: 03:00,03 (01:32,40) 300m: 04:48,24 (01:48,21) 400m: 06:10,59 (01:22,35)				
65.	Klaus, Emilia	2013	SG Dortmund	06:10,83	
	100m: 01:27,78 (01:27,78) 200m: 03:05,33 (01:37,55) 300m: 04:51,45 (01:46,12) 400m: 06:10,83 (01:19,38)				
66.	Blasch, Nele	2013	SG Mülheim	06:16,18	
	100m: 01:30,55 (01:30,55) 200m: 03:04,16 (01:33,61) 300m: 04:54,39 (01:50,23) 400m: 06:16,18 (01:21,79)				
67.	Rotthoff, Emma Anni	2013	SG Gelsenkirchen	06:18,62	
	100m: 01:29,77 (01:29,77) 200m: 03:06,59 (01:36,82) 300m: 04:59,30 (01:52,71) 400m: 06:18,62 (01:19,32)				
68.	Göbl, Lina	2013	SV Rheine 68 e.V.	06:31,73	
	100m: 01:34,31 (01:34,31) 200m: 03:14,51 (01:40,20) 300m: 04:59,97 (01:45,46) 400m: 06:31,73 (01:31,76)				